

Welcome to ...

Kindergarten



From the Classroom of ... Mrs. Craig

Please Note ... Four Pages to this PDF

Do The Five ... Hand Jive Alive

Good Morning Kindergarten Students ...

It is time for week two of Distance Learning in Music Class ... welcome! It's time to **DO THE FIVE!**

This week we are going to have some fun with a song and motions to **Hand Jive Alive**. But first, let's talk about how important it is to wash your hands. Make sure you are washing your hands with soap and water for at least 20 seconds many times a day. If you have been playing outside ... wash your hands as soon as you go into the house. If you are playing with your furry friends ... wash your hands when done. Before you have snack or meal ... wash your hands. We must be very careful and stay safe, happy, and clean. Keeping your hands clean is the first to-do on **DO THE FIVE!**

You will find a few practice "things to do" in this version of **The Music Stand**. Please take a look at page two and review some counting and clapping patterns. When you are ready for the new challenge, tune in to my YouTube channel (link provided on assignment site) for this week's videos ... **Hand Jive Alive #'s 1, 2, and 3. NOTE: CHALLENGE!**

As a reminder ... our music theme for the following five weeks, will be ... **DO THE FIVE**. What exactly is do the five? The five refers to preventions we can do to stay safe and help stop the Coronavirus from spreading to others. The five focuses on ... hands (this week), elbows, face, space, and home ... and will include a new song each week and music activities to match. There may even be some competitions, with prizes, and perhaps a fun game of **Name That Tune** ... online ... to make everyone SMILE!

Parents ... if at any time you have questions on any of the music activities, please feel free to send an email to Tammy.craig@rensselaerschools.org. For fun ... I encourage you to give the **Hand Jive Alive** a try. They say laughter is good for the soul!

Sending smiles and happy songs to all ... Mrs. Craig



Let's PRACTICE ...

Before you give the **Hand Jive ALIVE** a try, let's practice! Say the counts below and clap along!

1. 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 (keep an even beat)
2. 1&2&3&4 1&2&3&4 1&2&3&4 1&2&3&4 (remember the four count is held longer)
3. 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 (this time hold each number for two counts)
4. 1&2&3&4&1&2&3&4&1&2&3&4&1&2&3&4& (there are no breaks in this count)

The CHALLENGE ...

Send an email to me, Mrs. Craig ... tammy.craig@rensselaerschools.org ... and let me know ...

- Can you sing any of the song?
- Can you follow the hand motions?
- Were you better at ...
 - the slow version
 - the medium
 - the fast
 - or the super, duper fast version?
- Did you practice the counting and clapping patterns listed above?
- Did you have fun?:
- Did you smile?

The COMPETITION ...

Can you beat Mr. Craig at the **Hand Jive Alive**? Send a video to me, Mrs. Craig, at the email address listed below. If you can do it better than your school superintendent ... you will receive an online certificate for your great accomplishment!

Have fun ... and keep a smile on your face! ... Mrs. Craig ... tammy.craig@rensselaerschools.org



Hand Jive Alive

It's time to get up, move, and take some steps around,
Time to make some sound ...
We've got to wash our hands so they'll be clean,
Always and when homebound.

Get out the soap and scrub today,
While in the water you can play ...
Dry them off and shake away,
Hand Jive Alive will make your day.

Hand Jive Alive is fun to do,
Hand Jive Alive is coming at you ...
Claps and bumps and some fists, too,
And other moves not so new.

We'll start out slow so you can see,
Just how easy the moves can be ...
Then pick up speed and move along,
While doing the Hand Jive song.

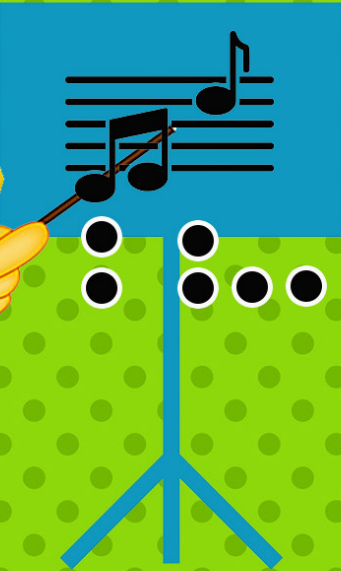
Ready ... Set ... GO!

Hand Jive ... slow
Hand Jive ... medium
Hand Jive ... fast
Hand Jive ... super, duper fast

Wash those hands! ... at end

**Note to Kindergarten parents/guardians ... you are welcome to read this to your students.
I do not expect them to know many of the words, but they may find a few they enjoy saying.**

Coming Soon ...



The ...
**Music
Stand**

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● ● ● **Smile ... Say Hi ... Do The Five** ● ● ●

April 16, 2020



Hand Jive Alive

April 23, 2020



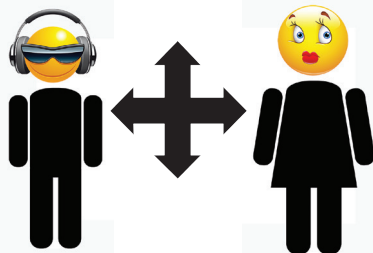
Elbow Cough and Go

April 30, 2020



Don't Touch It

May 7, 2020



Six Feet Slide

May 14, 2020



No Place Like Home