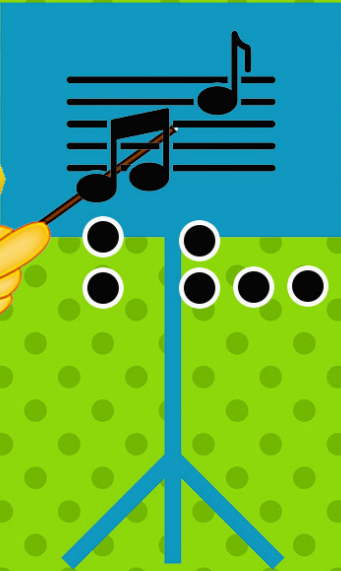


# Welcome to ...



## The ... Music Stand

From the Classroom of ... Mrs. Craig

Please Note ... Four Pages to this PDF

## Do The Five ... Hand Jive Alive

Good Morning Van Students ...

It is time for week two of Distance Learning in Music Class ... welcome! It's time to **DO THE FIVE!**

I hope everyone is doing well, having some fun, and enjoying your Distance Learning experience. The weather has been pretty nice this week. I hope you were able to enjoy a bit of the sunshine. Before long, we will have a lot of sunshine, the trees will have leaves ... and you'll be at home to enjoy it all!

This week we are going to have some fun with a song and motions to **Hand Jive Alive**. Keeping your hands clean is the first to-do on our musical list **DO THE FIVE!**

You will find a few practice "things to do" in this version of **The Music Stand**. Please take a look at page two and review some counting and clapping patterns. When you are ready for the new challenge, tune in to my YouTube channel (link provided on assignment site) for this week's videos ... **Hand Jive Alive #'s 1, 2, and 3. NOTE: CHALLENGE!**

As a reminder ... our music theme for the following five weeks, will be ... **DO THE FIVE**. What exactly is do the five? The five refers to preventions we can do to stay safe and help stop the Coronavirus from spreading to others. The five focuses on ... hands (this week), elbows, face, space, and home ... and will include a new song each week and music activities to match. There may even be some competitions, with prizes, and perhaps a fun game of **Name That Tune** ... online ... to make everyone SMILE!

Parents ... if at any time you have questions on any of the music activities, please feel free to send an email to Tammy.craig@rensselaerschools.org. For fun ... I encourage you to give the **Hand Jive Alive** a try. They say laughter is good for the soul!

Sending smiles and happy songs to all ... Mrs. Craig



## Let's PRACTICE ...

Before you give the **Hand Jive ALIVE** a try, let's practice! Say the counts below and clap along!

1. 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 (keep an even beat)
2. 1&2&3&4 1&2&3&4 1&2&3&4 1&2&3&4 (remember the four count is held longer)
3. 1&2&3 4 1&2&3 4 1&2&3 4 1&2&3 4 (remember the three and four counts are held longer)
4. 1&2&3&4&1&2&3&4&1&2&3&4&1&2&3&4& (there are no breaks in this count)
5. 1 2 3&4 1 2 3&4 1 2 3&4 1 2 3&4 1 2 3&4 (which three counts are held longer in this pattern?)

## The CHALLENGE ...

Send an email to me, Mrs. Craig ... [tammy.craig@rensselaerschools.org](mailto:tammy.craig@rensselaerschools.org) ... and let me know ...

- Can you do the **Hand Jive**?
- Were you better at ...
  - the slow version
  - the medium
  - the fast
  - or the super, duper fast version?
- Did you practice the counting and clapping patterns listed above?
- Which three counts in number five are held longer than the other counts listed?
- Send me a counting challenge and I'll let you know how I did.

## The COMPETITION ...

Can you beat Mr. Craig at the **Hand Jive Alive**? Send a video to me, Mrs. Craig, at the email address listed below. If you can do it better than your school superintendent ... you will receive an online certificate for your great accomplishment!

Have fun ... and keep a smile on your face! ... Mrs. Craig ... [tammy.craig@rensselaerschools.org](mailto:tammy.craig@rensselaerschools.org)



## Hand Jive Alive

It's time to get up, move, and take some steps around,  
Time to make some sound ...  
We've got to wash our hands so they'll be clean,  
Always and when homebound.

Get out the soap and scrub today,  
While in the water you can play ...  
Dry them off and shake away,  
Hand Jive Alive will make your day.

Hand Jive Alive is fun to do,  
Hand Jive Alive is coming at you ...  
Claps and bumps and some fists, too,  
And other moves not so new.

We'll start out slow so you can see,  
Just how easy the moves can be ...  
Then pick up speed and move along,  
While doing the Hand Jive song.

Ready ... Set ... GO!

Hand Jive ... slow  
Hand Jive ... medium  
Hand Jive ... fast  
Hand Jive ... super, duper fast

Wash those hands! ... at end

*Coming Soon ...*



The ...  
**Music  
Stand**

From the Classroom of ... Mrs. Craig

● ● ● **Smile ... Say Hi ... Do The Five** ● ● ●

April 16, 2020



**Hand Jive Alive**

April 23, 2020



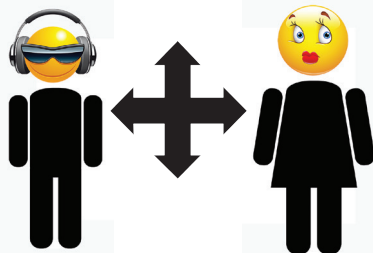
**Elbow Cough and Go**

April 30, 2020



**Don't Touch It**

May 7, 2020



**Six Feet Slide**

May 14, 2020



**No Place Like Home**

